OUTDOOR TRAINING EQUIPMENT
CATALOGUE 2019

www.tiptiptap.ee
Courtyard and park recreation areas are getting increasingly popular and outdoor fitness facilities are moving closer to running and health tracks for that very reason – outdoor training is more pleasant and useful. The outdoor training complexes produced by Tiptiptap OÜ are unique as even up to five different training devices can be added to them. Low space requirement has made the training complexes attractive and requested in several parks and courtyards. Maximum reliability and pleasant design are also reasons why just the Tiptiptap training complexes are preferred. They are completely weatherproof and work using the trainer’s own bodyweight while practising.

Combining different training devices you can set up a whatever training ground you wish and wherever you wish.

**Freedom of choice ensures more efficient training**
The devices of our different training complexes can be combined. TIPTIPTAP training complexes contain a Basic module which is made up of either two, three or five training places. Selecting the training devices best meeting your needs you can be the owner of your very own training complex.

**Advantages**
TIPTIPTAP offers multiple use opportunities but does not take up too much room. Only a very small safety area is required which besides space saving also allows to reduce installation costs. It is safe to use and install the devices. Not one of our devices contains small breakable parts. The devices are corrosion safe and painted with weatherproof paint colours. It is easy to assemble and install them. Maintenance and installation can be ordered from the Tiptiptap OÜ professionals.

**Certificate**
All our devices have been tested by the TÜV SÜD Product Service GmbH and all the training devices have been issued a EN 16630:2015 standard certificate of compliance.
Table of Contents

2D-training complex ........................................ 4
3D-training complex ........................................ 6
5D-training complex ........................................ 10
It is easy to use our devices of which the training weight is the trainer's own bodyweight. The devices perfectly fit for courtyards and parks and both young and elderly can practise on them.
Our vandalism-proof products have been manufactured from strong processed steel and can resist even the most complicated weather conditions. Our designers can provide you with the necessary CAD-drawings.

Basic module
Different training devices can be selected for the basic module of the 2-D training complex. It can be assembled according to the user’s wishes and needs. It is possible to select a paint colour from the RAL Colour Chart and to add the company logo and contact data.

Training equipment for 2D-training complex:
- BFCH01 Push chair
- BFCH02 Pull Chair
- BFCH03 Surfboard
- BFCH04 Space Walker
- BFCH05 Seated Pedal Trainer
- BFCH06 Arm Wheel
- BFCH08 Waist Movement Trainer
- BFCH10 Wab Board
- BFCH12 Elliptical Cross Trainer
- BFCH13 Parallel Bars
- BFCH14 Taiji Wheels
- BFCH15 Riding Trainer
- BFCH18 Bicycle
- BFCH19 Rowing Trainer

Effect
The main effect of the 2-D training complex training devices lies in their ability to improve trainers’ endurance and strength. They are particularly efficient in big muscle building.

It is easy to use our devices of which the training weight is the trainer’s own bodyweight.

Maximum dimensions
- Height: 2000 mm
- Width: 1000 mm
- Length: 3400 mm

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It is easy to use our devices of which the training weight is the trainer's own bodyweight. The devices perfectly fit for courtyards and parks and both young and elderly can practise on them.
**3D-training complex**

**Basic module**
Different training devices can be selected for the basic module of the 3-D training complex. It can be assembled according to the user’s wishes and needs. It is possible to select a paint colour from the RAL Colour Chart and to add the company logo and contact data.

It is easy to use our devices of which the training weight is the trainer’s own bodyweight.

**Training equipment for 3D-training complex:**
- BFCH01 Push chair
- BFCH02 Pull Chair
- BFCH03 Surfboard
- BFCH04 Space Walker
- BFCH05 Seated Pedal Trainer
- BFCH06 Arm Wheel
- BFCH08 Waist Movement Trainer
- BFCH10 Wab Board
- BFCH12 Elliptical Cross Trainer
- BFCH13 Parallel Bars
- BFCH14 Taiji Wheels
- BFCH15 Riding Trainer
- BFCH18 Bicycle
- BFCH19 Rowing Trainer

**Effect**
The main effect of the 3-D training complex training devices lies in their ability to improve trainers’ endurance and strength. They are particularly efficient in big muscle building.

Our vandalism-proof products have been manufactured from strong processed steel and can resist even the most complicated weather conditions. Our designers can provide you with the necessary CAD-drawings.

**Maximum dimensions**
- Height: 1850 mm
- Width: 3000 mm
- Length: 3400 mm

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It is easy to use our devices of which the training weight is the trainer's own bodyweight. The devices perfectly fit for courtyards and parks and both young and elderly can practise on them.
3D-training complex

Effect
The main effect of the 3-D training complex training devices lies in their ability to improve trainers' endurance and strength. They are particularly efficient in big muscle building.

Basic module
Different training devices can be selected for the basic module of the 3-D training complex. It can be assembled according to the user’s wishes and needs. It is possible to select a paint colour from the RAL Colour Chart and to add the company logo and contact data.

Our vandalism-proof products have been manufactured from strong processed steel and can resist even the most complicated weather conditions. Our designers can provide you with the necessary CAD-drawings.

Maximum dimensions
Height 1850 mm
Width 3000 mm
Length 3400 mm

Taiji wheel

Waist Movement Trainer

Wab Board
It is easy to use our devices of which the training weight is the trainer's own bodyweight. The devices perfectly fit for courtyards and parks and both young and elderly can practise on them.
5D-training complex

**Basic module**
Different training devices can be selected for the basic module of the 5-D training complex. It can be assembled according to the user’s wishes and needs. It is possible to select a paint colour from the RAL Colour Chart and to add the company logo and contact data.

It is easy to use our devices of which the training weight is the trainer’s own bodyweight.

**Training equipment for 5D-training complex**
- BFCH01 Push chair
- BFCH02 Pull Chair
- BFCH03 Surfboard
- BFCH04 Space Walker
- BFCH05 Seated Pedal Trainer
- BFCH06 Arm Wheel
- BFCH08 Waist Movement Trainer
- BFCH10 Wab Board
- BFCH12 Elliptical Cross Trainer
- BFCH13 Parallel Bars
- BFCH14 Taiji Wheels
- BFCH15 Riding Trainer
- BFCH18 Bicycle
- BFCH19 Rowing Trainer

**Effect**
The main effect of the 5-D training complex training devices lies in their ability to improve trainers’ endurance and strength. They are particularly efficient in big muscle building.

Our vandalism-proof products have been manufactured from strong processed steel and can resist even the most complicated weather conditions. Our designers can provide you with the necessary CAD-drawings.

**Maximum dimensions**
- Height: 1850 mm
- Width: 2800 mm
- Length: 4000 mm